



Facilitator Training
in
System Constellations
(Family Constellations & Organisational Constellations)

with

Preeti Helena

Module 1 – Family Constellations

18–22 June 2010

Friday Night – Tuesday Evening

**Systemic Awareness Institute
Thornbury (Melbourne)**

System Constellation is:

- ◆ one of the most efficient assessment, innovation and healing tools today
- ◆ an experiential exploration in group and individual setting both in person and over the phone or the internet

It can be applied to:

- ◆ all aspects in organisations and business life
- ◆ community concerns
- ◆ family issues
- ◆ health challenges
- ◆ general wellbeing
- ◆ career development
- ◆ personal growth

To be able to work with this powerful yet simple technique needs emotional intelligence and emotional maturity. It is not just a theory that can be learned through lectures and making notes. It needs 'presence', like you may see in an actor, musician or dancer. It also needs the psychological skills to create a safe place for the client to explore what is available as an inner image of the subconscious mind.

This training is not envisaged as a standalone entry into consulting or family therapy, and as such it is recommended as an adjunct to other consulting, coaching, counselling and psychotherapy modalities. The approach is non-academic and experiential.

In this module you will learn:

- ✓ the structure of system constellations
- ✓ basic concepts of family constellations
- ✓ through observation of and participation in system constellations
- ✓ a system constellation a self help tool

You will also develop increased:

- ✓ systemic awareness
- ✓ presence

Preeti Helena (MA Counselling, BEd) is an internationally recognised System Constellation expert with a background of 28 years in meditation and group processes. She is also a Reiki Master. Further, she has 23 years experience of change processes in IT. Her focus is exclusively on the requirements of the client - through an understanding of human systems and their influence on success. She has the ability to adapt a program spontaneously to the situation presented, using a rich combination of her skills.



Information and Bookings

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Fees (incl. GST)

4½ day seminar: \$660 – individual one hour coaching and supervision: \$150